



LAW & CULTURE PORTUGAL



Lisbon | Porto: April 26 - May 1, 2020

Lisbon | Porto | Douro Valley: April 26 - May 3, 2020

Organized by CLE Abroad™ CST 2060914-40





ITINERARY

*This trip will require quite a bit of high-intensity walking on uneven cobblestone streets along with stairs where an elevator is not always available. **Participants must be able to walk unassisted.***

DAY 1

SUNDAY, APRIL 26

Lisbon (L)

Participants arrive throughout the morning to Lisbon International Airport (LIS).

Afternoon Check into 5 Star **Hotel Sofitel Lisbon Liberdade** (or equivalent).
Av. da Liberdade 127, Lisboa, Portugal
Tele: (+351) 21 887 3005

1:00 pm Welcome lunch at **Solar dos Presuntos** restaurant, just a few blocks from our hotel. Traditional Portuguese cuisine in a family-style setting.

3:00 pm Depart for orientation and walking tour of **Bica**, central **Baixa** and the nearby **Barrio Alto** neighborhoods.

5:00 pm Wine Course & Tasting “**An Introduction to the Wines of Portugal.**”

Remainder of evening free to rest and get acclimated to local time.

DAY 2

MONDAY, APRIL 27

Lisbon & Belém (B,L)

Complimentary breakfast is served daily at the hotel.

9:00 am Visit to the **Constitutional Court** in Barrio Alto or the **Portuguese Bar Association** (Ordem dos Advogados). Presentation on **Legal Aid** and **Access to Justice** in Portugal. The Portuguese Bar Association maintains an impressive legal aid program working with nearly 12,000 attorneys providing services to more than 200,000 cases annually, with a budget of almost 40 million Euros funded by the Portuguese **Ministry of Justice**.

10:30 am Lisbon city tour. Please be sure to wear comfortable walking shoes!

Our first visit is the hilltop fortress, **St. George's Castle**, to enjoy stellar views of the city and time to stroll in the beautiful gardens.

Continuing downtown we visit picturesque **Bica** and central **Baixa** districts. Baixa and Chiado are newer parts of the city built after the 1755 earthquake that devastated Lisbon. Here we learn about the city's rebuilding plan that changed the shape of the new Lisbon city center. Free time to circle the majestic **Praça do Comércio** before departing for **Belém**.

12:30 pm Group lunch in **Belém**. Belém, a **UNESCO world heritage site**, located on the shore of the **Tagus River** at the entrance to the Port of Lisbon. About 4 miles west of the Lisbon city center, many of Portugal's most famous landmarks are located in this area.



After lunch, we first visit the **Jerónimos Monastery**, dating back to the early 1500s and secularized by state decree in 1833. Besides one the best examples of Portuguese Late Gothic Manueline architecture, the Monastery is the home to the tomb of the infamous explorer, **Vasco de Gama**.

Time permitting, we see the **Belém Tower**, a small fortress island on the banks of the river and part of Lisbon's Old World defense system.

Also on the Belém riverfront we see the massive sculpture **Monument to the Discoveries**, depicting **Henry the Navigator** at the helm of a large galleon commemorating the significance of maritime exploration in Portuguese history.

4:00 pm

INTRODUCTION TO PORTUGUESE LEGAL AND POLITICAL SYSTEMS

Presentation by **Dr. Guilherme Machado Dray**, Portuguese attorney and Professor of Law at the **University of Lisbon**. In his presentation, Dr. Gray will incorporate participation from some of his top law students to provide an overview of Portuguese legal and political systems and basic principles of Portuguese **civil and commercial law** and procedure. Historical aspects of Portugal's **Roman-German civil law tradition**, relevant **legal trends**, as well the relationship of Portuguese and **European Union law**, will be discussed. In 2017, Professor Dray served as a visiting Professor at **Georgetown University** in Washington, DC teaching a seminar on 'Equality, Welfare State & Democracy' from a comparative US and European Social Model perspective.

Evening

Dinner at the **Fado Association** in the historic **Alfama** neighborhood. Fado is a distinctly Portuguese musical genre characterized by emotional, passionate and sometimes mournful tunes and lyrics. We enjoy an endless supply of **Petiscos** (Portuguese Tapas) in an intimate setting accompanied by our very own private Fado demonstration. In 2011, Fado was recognized on the **UNESCO Cultural Heritage List**.

DAY 3

TUESDAY, APRIL 28

Lisbon and Sintra (B,L)

8:30 am

We depart for to the majestic resort town of **Sintra**, a longtime royal sanctuary and summer home for Lisbon's elite. Sintra's mountains, forested terrain, proximity to the ocean and unique *Moorish* and *Manueline* style palaces define Sintra's breathtaking and one-of-a-kind landscape.

9:00 am

En route to Sintra, we first visit the **Queluz Palace**. Often overlooked given its relatively small size, this 18th-century palace is one of the last great *Late Baroque* buildings designed in Europe, commonly referred to as the Portuguese *Versailles*. Wide corridors, impressive interiors and far less tourists make this palace an enjoyable first visit.

We continue to the unmatched **Pena Palace** grounds and gardens. This 19th-century *Romanticist* castle proudly stands alone as a National Monument and **UNESCO World Heritage Site**. Pena Palace's eclectic mix of architectural styles include *Neo-Gothic*, *Neo-Manueline*, *Neo-Islamic* and *Neo-Renaissance*, which all contribute to its whimsical and fairy-tale like appearance. After time to explore the Pena Park, we continue to Sintra's village center.



11:15 am Free time to explore the center of town before lunch.

12:30 pm Group lunch in Old Town Sintra.

2:30 pm After lunch we visit **Cabo de la Roca**, Continental Europe's westernmost point. After taking in the stellar views and dramatic sea cliffs from this picturesque overlook, we return to Lisbon.

Returning to Lisbon, we take the scenic coastal route passing through **Cascais**.

5:30 pm Return to hotel. *Dinner on your own. Suitable recommendations will be provided.*

DAY 4

WEDNESDAY, APRIL 29

Lisbon, Óbidos, Coimbra, Porto (B,L)

8:30 am Hotel check-out, board bus for day trip through Central and Northern Portugal.

9:00 am **CRIMINAL JUSTICE AND COMBATING DOMESTIC VIOLENCE IN PORTUGAL**

Before leaving Lisbon, we visit the **Portuguese Association for Victim Support** (*Associação Portuguesa de Apoio à Vítima* or "APAV"). During our visit to APAV, we will meet with President **João Lázaro** and colleagues to learn about the Portuguese **criminal justice system** and the mission of this important organization. Topics will include **domestic violence**, **human trafficking**, and the role victims in the Portuguese justice system aided by the work of APAV.

10:30 am Depart North for our journey towards Porto.

Our first stop is **Óbidos**, one of Portugal's best preserved medieval towns. We enjoy 45-60 minutes of free time to stroll the cobblestoned streets, shop at the local boutiques, taste the local **Ginja** – a traditional Portuguese liqueur infusion of sour cherries and spices. No visit would be complete without seeing the fascinating **Óbidos Castle**. Legend has it that in the year 1148, **Dom Afonso Henriques** and his troops disguised themselves as cherry trees to capture this Castle from the Moors. Henriques became Portugal's founding father and first King.

Group lunch before departing towards **Coimbra**.

1:00 pm Depart for **Coimbra**, one of Portugal's oldest cities and its former capital during the Middle Ages.

2:30 pm Arrive in Coimbra. We enjoy lunch at a local restaurant before visiting the **University of Coimbra**.

4:30 pm **THE STUDY OF LAW AND HIGHER EDUCATION IN PORTUGAL**

We tour the historic University campus and **Faculty of Law** with Professor **João Leal Amado** to learn about **Legal Education** in Portugal. In existence for over 180 years, the Law School is one of Portugal's most prestigious.

- 6:00 pm** Depart for **Porto**, Portugal's second largest city.
- 7:30 pm** Arrive Porto, check into the 5 Star **Hotel Infante Sagres** (or equivalent).
Praça D. Filipa de Lencastre 62, Porto, Portugal
Tele: (+351) 22 339 8500

Evening *Dinner on your own. Suitable recommendations will be provided.*

DAY 5

THURSDAY, APRIL 30

Porto (B,L,D)

Complimentary breakfast is served daily at the hotel.

Morning City tour of Porto. Please remember to wear comfortable shoes!

Located along the **Douro river**, Porto was originally an outpost of the Roman Empire and is today one of the oldest cities in Europe. Not so coincidentally, one of Portugal's famous exports, **port wine**, is named after the city. In 1703, the **Methuen Treaty** established trade between Portugal and England and the production of port wine gradually fell into the hands of British firms. Even today, the vast majority of port cellars carry their original English names.

READING BETWEEN THE WINES:

An overview of wine laws and regulation in Portugal

Presentation by local practitioners / representatives of the *Instituto dos Vinhos do Douro and Porto* (IVDP). In this briefing, we will learn some of the technical terms about wine and understand the most important regulations for winemakers and exporters in Portugal. Producers are governed by the IVDP, with specific requirements concerning geographic denomination, aging terms, and labeling codes for varietal vs. blends. Topics of **intellectual property**, **consumer protection**, **export/import**, and local **real estate law** will also be discussed.

Time permitting, we enjoy a visit to the **Palacio da Bolsa**, Porto's old Stock Exchange Palace and Courthouse. Featuring a mixture of architectural styles, the construction of this building began in 1842 and took nearly 70 years to complete. We tour the complex and see the fully restored Commercial Courtroom.

1:00 pm Lunch at **DOP**, the **Palacio da Bolsa** restaurant or along the Porto or Gaia riverfront.

After lunch, we cross the river to the city of **Vila Nova de Gaia** (or simply 'Gaia' for short), to visit some of the area's historic port lodges.

Remainder of afternoon free. Some may decide to stay in Gaia for port tastings.

7:00 pm CLIMATE CHANGE & THE PORTO PROTOCOL

Before dinner, we enjoy a talk with CEO of **Taylor's** and founder of the **Porto Protocol**, Mr. **Adrian Bridge**, to learn about efforts to build a growing initiative of companies and individuals working to develop tangible solutions to climate change. Through experiences in agriculture, case studies and dedication to scientific research, Taylor Fladgate and the greater Portuguese wine industry have taken a leading role in climate change action and are among the foremost private sector actors in his emerging legal and environmental crisis. In support of the Porto Protocol, Climate Change Leadership Summits have been held in Porto (2018 and 2019) with participation by President **Barrack Obama** and Vice-President **Al Gore** among other global leaders in policy, private industry, and the sciences.

8:00 pm Porto Farewell Dinner at **Taylor's**, with lovely views of the river and Porto skyline.





DAY 6

FRIDAY, MAY 1

Departure Day (B) or Extension to Douro Valley / Wine Tour (B,L,D)

If returning to the USA today, optional morning activities depending on departure time.

For those continuing to the Douro Valley:

- 9:00 am** Our first stop is in the town of **Régua** to visit to the **Quinta do Vallado** winery. After a brief tour and tasting, we will enjoy lunch at the winery.
- 12:30 pm** Lunch at **Quinta do Vallado**.
- 3:00 pm** Winery tour and tasting at the old Franciscan monastery, **Quinta de Marrocos**.
- Afternoon** Check into **Hotel Rural Casa dos Viscondes Várzea** (or equivalent *Quinta*).
Rua Várzea de Abrunhais, Lamego, Portugal
Tele: (+351) 96 760 6385
- 7:30 pm** Group banquet buffet at our Quinta. A plethora of finely prepared Portuguese dishes will satisfy every appetite.

DAY 7

SATURDAY, MAY 2

Douro Valley (B,L,D)

Breakfast is served daily at our Quinta.

- 9:30 am** Depart for our Douro Valley Tour traveling towards **Pinhão**, enjoying one of the world's most scenic drives along the Douro River.
- 10:30 am** Brief tour of Pinhão before boarding a traditional **Rabelo** style boat for our private **river cruise**.
- 1:00 pm** Lunch a **DOC** by **Chef Rui Paula** along the Douro riverfront.
- In the afternoon, return to our Quinta for R&R.*
- 7:30 pm** Farewell dinner at our Quinta.

DAY 8

SUNDAY, MAY 3

Departure Day (B)

TBD *Transfer to Porto for departures. (Included)*

Please note: This is a Model "Working" Itinerary. All programs are customized with input from lead organization. There may be some changes, additions and/or subtractions to the Final Itinerary. All venues are subject to final confirmations. Be assured that any changes made will be done to enhance the total program, and to promote a smooth operation of the tour.



TRIP COST

6 DAYS AND 5 NIGHTS

LISBON AND PORTO - Hotel Sofitel Liberdade Lisbon & Hotel Infante Sagres in Porto.

DOUBLE, PER PERSON: \$3,235

SINGLE OCCUPANCY: \$3,895

CONFERENCE PRICE: \$1,885*

** Without accommodations. Participants are free to make personal hotel or B&B arrangements in Lisbon/Porto. Inclusive of all programming, CLE activities, group meals, tours, professional meetings, and transfer (Lisbon>Porto).*

3 DAY AND 2 NIGHT EXTENSION

THE DOURO VALLEY - Hotel Rural Casa dos Vicondes Varzea. Fully hosted inclusive of Ground Transfers, All Meals, Winery Tours, Tastings and Private River Cruise.

DOUBLE, PER PERSON: +\$880

SINGLE OCCUPANCY: +\$1,205

CUSTOM PROGRAM INCLUDES

- Itinerary design and coordination
- 5 or 7 nights' accommodations as indicated (3 nights in Lisbon, 2 nights in Porto, optional 2 nights in Douro Valley)
- Air-conditioned ground transportation throughout trip equipped with water
- Full time CLEA tour escort and specialized local tour guides
- Daily breakfast and meals as listed in itinerary (including tips)

EXCLUDES

- Airfare to/from Portugal (participants should arrive in Lisbon LIS and depart from Porto OPO)
- Airline baggage fees
- Gratuities for guide and driver
- Meals other than listed on itinerary
- Individualized hotel expenses (mini bar, room service, laundry fees, etc)
- Trip cancellation insurance

REGISTRATION

Online Registration: www.cle-abroad.com/trip/dallasbar