



LAW & CULTURE: PORTUGAL

TASTE OF LISBON & NORTHERN PORTUGAL

Open to Members & Guests of Participating State Bar Associations
Monday May 16 - Monday May 23, 2022
Register online at www.cle-abroad.com/trip/portugalmay2022

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INCLUDED

4+ Star Accommodations in Lisbon and Porto

Daily ground transportation

Select group meals at top restaurants (including tips)

Full-time tour leader, local guides and specialists

CLE Lecture series with local experts and Legal professionals (open to non-attorney guests)

Tips for local tour guides and bus drivers

Admission to all museums / attractions in program

Travel Tips and Guidance

Return Transfer (Douro>Porto) if on extension

NOT INCLUDED

Airfare to/from Portugal

NOTE program begins in LISBON (LIS) & ends in PORTO (OPO) - Plan Air Accordingly. Return transfers to Lisbon can be arranged at cost.

Airport Transfers

Additional drinks or alcohol not included at group meals

Incidentals / Individual hotel expenses (e.g., mini bar, room services, laundry fees)

TOUR COST

5 Night/6 Day Program
Double Occupancy: \$3,920

Optional Extension May 21-23
Double Occupancy: + \$1,005

(Prices are per person)

Single Supplements apply to Single Accommodations)



YOU'RE INVITED!



You and your guest(s) are invited to join our delegation for a journey through Portugal's Old World allure and New World splendor. Our immersive program will engage with local attorneys, scholars, and artists offering poignant commentary on the Portuguese and EU legal and political systems, US-Portuguese relations, art, history, architecture, and religion. You do not want to miss this opportunity to experience the heart of Portugal while receiving CLE credit (pending).

Please Note: This program will be operated in compliance with all local rules and COVID-19 safety measures applicable during dates of travel and all participants are expected to similarly comply. **Priority will be given to outdoor activities and social distancing during the tour.**

Note 2: This program will require high-intensity walking on uneven and sometimes hilly cobblestone streets and stairs where an elevator is not always available. Participants must be able to walk unassisted.



EARLY BIRD DISCOUNT

Register by December 7, 2022 and receive \$100 off final invoice



B - Breakfast

L - Lunch

D - Dinner

TASTE OF LISBON & NORTHERN PORTUGAL

Itinerary subject to change and final confirmations. Program schedule will be adapted to enrolled participants and then-in-place safety measures. Special requests are encouraged.

Day 1 Monday, May 16

Morning

Participants arrive throughout the morning to **Lisbon International Airport (LIS)**.

Afternoon

Check into the 5 Star **Altis Avenida Hotel** (or equivalent).

2:00 PM

Welcome lunch at **Sr. Lisboa** restaurant, just a few blocks from our hotel. Modern Portuguese cuisine in a friendly, family-style setting.

3:30 PM

Depart for program orientation and walking tour of the nearby **Barrio Alto** neighborhood.

5:00 PM

INTRODUCTION TO PORTUGUESE LEGAL AND POLITICAL SYSTEMS

Presentation by **Dr. Guilherme Machado Dray**, Portuguese attorney and Professor of Law at the **University of Lisbon**. In his presentation, Dr. Gray and his top law students will provide an overview of Portuguese legal and political systems and basic principles of Portuguese **civil and commercial law** and procedure. Historical aspects of Portugal's **Roman-German civil law tradition**, relevant **legal trends**, as well the relationship of Portuguese and **European Union law**, will be discussed. In 2017, Professor Dray served as a visiting Professor at **Georgetown University** teaching a seminar on 'Equality, Welfare State & Democracy' from a comparative US and European Social Model perspective.

6:00 PM

Wine Course & Tasting "**An Introduction to the Wines of Portugal.**"

Evening

Time to rest and get acclimated to local time zone.

Day 2 Tuesday, May 17

Complimentary breakfast is served at the hotel.

Morning

Depart for our panoramic city tour of Lisbon by Bus, Tram and Foot. Please be sure to wear comfortable walking shoes!

Our first visit is the hilltop fortress, **St. George's Castle**, to enjoy stellar views of the city and time to stroll in the beautiful gardens.

Continuing downtown we visit **Bica** and central **Baixa** districts. **Baixa** and **Chiado** are newer parts of the city built after the 1755 earthquake that devastated Lisbon. Here we learn about the city's rebuilding plan that changed the shape of the new Lisbon city center. Free time to circle the majestic **Praça do Comércio** before departing for **Belém**.

Afternoon

Group at **5 Oceans Restaurant** in **Belém**.

Belém, a **UNESCO World Heritage Site**, located on the shore of the **Tagus River** at the entrance to the Port of Lisbon. About 4 miles west of the Lisbon city center, many of Portugal's most famous landmarks are located in this area.

After lunch, we first visit the **Jerónimos Monastery**, dating back to the early 1500s and secularized by state decree in 1833. Besides one the best examples of Portuguese Late Gothic *Manueline* architecture, the Monastery is the home to the tomb of the infamous explorer, Vasco de Gama.

Time permitting, we see the **Belém Tower**, a small fortress island on the banks of the river and part of Lisbon's Old World defense system.

Also on the Belém riverfront we see the massive sculpture **Monument to the Discoveries**, depicting **Henry the Navigator** at the helm of a large galleon

commemorating the significance of maritime exploration in Portuguese history.

Remainder of afternoon free, return to hotel.

8:00 PM

Dinner at the **Fado Association** in the historic **Alfama** neighborhood. Fado is a distinctly Portuguese musical genre characterized by emotional, passionate and sometimes mournful tunes and lyrics. We enjoy an endless supply of **Petiscos** (Portuguese Tapas) in an intimate setting accompanied by our very own private Fado demonstration. In 2011, Fado was recognized on the **UNESCO Cultural Heritage List**.

Day 3 Wednesday, May 18

Morning

We depart for the majestic resort town of **Sintra**, a longtime royal sanctuary and summer home for Lisbon's elite. Sintra's mountains, forested terrain, proximity to the ocean and unique *Moorish and Manueline* style palaces define Sintra's breathtaking and one-of-a-kind landscape.

9:00 AM

En route to Sintra, we first visit the **Queluz Palace**. Often overlooked given its relatively small size, this 18th-century palace is one of the last great *Late Baroque* buildings designed in Europe, commonly referred to as the Portuguese *Versailles*. Wide corridors, impressive interiors and far less tourists make this palace an enjoyable first visit.

We continue to the unmatched **Pena Palace** grounds and gardens. This 19th-century Romanticist castle proudly stands alone as a National Monument and **UNESCO World Heritage Site**. Pena Palace's eclectic mix of architectural styles include *Neo-Gothic*, *Neo-Manueline*, *Neo-Islamic* and *Neo-Renaissance*, which all contribute to its whimsical and fairy-tale like appearance. After time to explore the Pena Park, we continue to Sintra's village center.

11:15 AM

Free time to explore the center of town before lunch.

12:30 PM

Group lunch at **Café Paris** in Old Town Sintra with guest speaker.

2:30 PM

After lunch we visit **Cabo de la Roca**, Continental Europe's westernmost point. After taking in the stellar

views and dramatic sea cliffs from this picturesque overlook, we return to Lisbon.

Time permitting while returning to Lisbon, we take the scenic coastal route passing through **Cascais**.

5:30 PM

Return to hotel. *Dinner on your own. Suitable recommendations will be provided.*

Day 4 Thursday, May 19

8:30 AM

Hotel check-out, board bus for day trip through Central and Northern Portugal.

9:00 AM

CRIMINAL JUSTICE AND DOMESTIC VIOLENCE IN PORTUGAL

Before leaving Lisbon, we visit the **Portuguese Association for Victim Support** (*Associação Portuguesa de Apoio à Vítima* or "**APAV**"). During our visit to APAV, will meet with President **João Lázaro** and colleagues to learn about the Portuguese **criminal justice system** and the mission of this important organization. Topics will include **domestic violence**, **human trafficking**, and the role victims in the Portuguese justice system aided by the work of APAV.

10:30 AM

Depart North for our journey towards Porto. Our first stop is **Óbidos**, one of Portugal's best preserved medieval towns. We enjoy 45- 60 minutes of free time to stroll the cobblestoned streets, shop at the local boutiques, and taste the local **Ginja** – a traditional Portuguese liqueur infusion of sour cherries and spices. Steady walkers will have time to reach the **Óbidos Castle**. Legend has it that in the year 1148, **Dom Afonso Henriques** and his troops disguised themselves as cherry trees to capture this Castle from the Moors. Henriques became Portugal's founding father and first King.

1:00 PM

Depart for **Coimbra**, one of Portugal's oldest cities and its former capital during the Middle Ages.

2:30 PM

Arrive in Coimbra. We enjoy lunch at a local restaurant before visiting the **University of Coimbra**.



4:30 PM

HIGHER EDUCATION IN PORTUGAL

We tour the historic University campus and **Faculty of Law** with faculty to learn about **Legal Education** in Portugal. In existence for over 180 years, the Law School is one of Portugal's most prestigious.

6:00 PM

Depart for **Porto**, Portugal's second largest city.

7:30 PM

Arrive Porto, check into our **Hotel**

Praça D. Filipa de Lencastre 62

Porto, Portugal

Tele: (+351) 22 339 8500

Evening

Dinner on your own. Suitable recommendations will be provided.

Day 5

Thursday, May 19

Breakfast and coffee served daily in the hotel.

Morning

City tour of Porto. Please remember to wear comfortable shoes!

Located along the **Douro river**, Porto was originally an outpost of the Roman Empire and is today one of the oldest cities in Europe. Not so coincidentally, one of Portugal's famous exports, **port wine**, is named after the city. In 1703, the **Methuen Treaty** established trade between Portugal and England and the production of port wine gradually fell into the hands of British firms. Even today, the vast majority of port cellars carry their original English names.

11:00 AM

READING BETWEEN THE WINES: An overview of wine laws and regulation in Portugal

Presentation at the *Instituto dos Vinhos do Douro and Porto* (IVDP). In this briefing, we will learn some of the technical terms about wine and understand the most important regulations for winemakers and exporters in Portugal.

Producers are governed by the IVDP, with specific requirements concerning geographic denomination, aging terms, and labeling codes for varietal vs. blends. Topics of **intellectual property**, **consumer protection**, **export/import**, and local **real estate law** will also be discussed.

11:00 AM *(Alternative for Non-Lawyers)*

Visit to the **Palacio da Bolsa**, Porto's old Stock Exchange Palace and Courthouse. Featuring a mixture of architectural styles, the construction of this building began in 1842 and took nearly 70 years to complete.

1:00 PM

Lunch at **DOP** by star chef **Rui Paula**.

Remainder of afternoon free. Some may decide to cross the river to the city of **Vila Nova de Gaia** (or simply 'Gaia' for short), to visit the area known for its historic port lodges.

8:00 PM

Porto Farewell Dinner at **Taylor's**, with lovely views of the river and Porto skyline.

Day 6

Friday, May 20

DEPARTURE DAY OR EXTENSION TO DOURO WINE VALLEY

If returning to the USA, Optional morning activities before departing Porto.

For those continuing to the Douro Valley:

9:30 AM

Depart for the **Douro Valley wine country**.

Our first stop is in the town of **Régua** to visit to the **Quinta do Vallado** winery. After a brief tour and tasting, we enjoy lunch at the winery.

12:30 PM

Lunch at **Quinta do Vallado**.

3:00 PM

Winery tour and tasting at the old Franciscan monastery, **Quinta de Marrocos**.

Check into **Hotel Rural Casa dos Viscondes Várzea** (or equivalent Quinta).

Lamego, Portugal
Tele: (+351) 96 760 6385

On arrival, we enjoy a welcome tasting of the winery's house wine.

7:00 PM

Group Dinner at our Quinta. A plethora of finely prepared Portuguese dishes will satisfy every appetite.

Day 7 Sunday, May 22

Breakfast and coffee is served daily in the Quinta.

Morning activities to be determined.

11:00 AM

Depart for our Douro Valley Tour traveling towards **Pinhão**, enjoying one of the world's most scenic drives along the Douro River.

12:30 PM

We board a traditional *Rabelo* style boat for our private **river cruise**.

1:30 PM

Lunch at **DOC** by **Chef Rui Paula** along the Douro riverfront.

In the afternoon, return to our Hotel for R&R.

8:00 PM

Farewell dinner at our Quinta.

Day 8 Monday, May 23

Airport Transfers (OPO) from the Douro provided to all participants departing May 23rd.

For participants who elect to extend their stay in Europe or Portugal after the trip – please let CLE Abroad if you need any additional nights at our hotels (group rates extended at cost).

Note:

Enjoy authentic local cuisines, elevated fine dining, beverage tastings and unique culinary experiences. All dietary restrictions will be accommodated. Group meals will include beverages and tips.

Dietary restrictions will be accommodated

Food surveys distributed to participants at a later date.





Space is limited!! Register online at: www.cle-abroad.com/trip/PortugalMay2022

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