



**ELDER LAW IN COLOMBIA**  
**MARCH 17-23/26, 2024**



**BOGOTA | MEDELLIN | CARTAGENA**

**Open to Members & Guests of the  
National Academy of Elder Law Attorneys**

**Register Online at [www.cle-abroad.com/trip/naela](http://www.cle-abroad.com/trip/naela)**

## TOUR OPTIONS

6 or 9 Night Program

Bogota & Medellin

March 17 - 23, 2024

Extension to Cartagena

March 23- 26 2024

Please see Registration Page for more information.

Program begins in Bogota (BOG) and ends in Medellin (MDE) (6 night program) or Cartagena (CTG) (9 night program). Please plan Air Accordingly.

## INCLUDED

Premium Accommodations

Daily ground transportation

Daily breakfast and group meals at upscale and traditional restaurants (including beverages/tips)

Full-time tour leader, local guides and specialists

Lecture series with local experts, officials, academics and influencers

Admission to all museums / attractions in program

All Airport Transfers

Domestic Air (Bogota>Medellin; Medellin>Cartagena)

Travel Tips and Guidance

## NOT INCLUDED

Airfare to/from Colombia

Program begins in Bogota (BOG) and ends in Medellin (MDE - 6 night program) or Cartagena (CTG - 9 night program). Please Plan Air Accordingly.

Additional food, drinks or alcohol not included at group meals

Incidentals / Individual hotel expenses (e.g., mini bar, room services, laundry fees)

Trip cancellation insurance



## YOU'RE INVITED!



The National Academy of Elder Law Attorneys invites you and your guest(s) to join our private delegation for a journey through Colombia's rich cultural heritage, complicated history, and present day realities. Our carefully curated cultural exchange program will go beyond tourist corridors by engaging local **scholars, public officials, entrepreneurs, musicians and artists** offering in-depth commentary on the **Colombian way of life, political system, art history, architecture, and religion.**

American perceptions of Colombia are too often skewed by a glamorization of the country's past drug wars. You do not want to miss this **once-in-a-lifetime opportunity to join our exclusive educational journey through the heart of Colombia** to see first hand what makes this country so complex and nothing less than magical.

*Please Note: This program will require high-intensity walking on uneven and sometimes hilly cobblestone streets and stairs where an elevator is not always available. Participants must be able to walk unassisted.*



## EARLY BIRD DISCOUNT

*Please see Registration Page for Early Bird Deadlines*

[www.cle-abroad.com/trip/naela](http://www.cle-abroad.com/trip/naela)



B - Breakfast      L - Lunch

D - Dinner      T - Tastings

# JOURNEY TO COLOMBIA

## NATIONAL ACADEMY OF ELDER LAW ATTORNEYS

*Itinerary subject to change and final confirmations. Program schedule will be adapted to enrolled participants and then-in-place safety measures. Special requests are encouraged.*

### Day 1

March 17, 2024

Upon arrival to El Dorado International Airport (BOG), participants will be escorted to our hotel. Upon exiting the terminal, please look for a driver holding a sign with your respective name(s).

**Afternoon** Check into the Hotel **Sofitel Bogota Victoria Regia**. This hotel is within walking distance of many fine restaurants, bars, shopping and entertainment in the trendy northern end of Bogota known as **Zona T**.

*We are accompanied by resident journalist and Radio Show host, Richard McColl. As we traverse traffic in the large Bogota metropolis, Richard will address topics including the Peace Process, Free Speech, Journalism, Rule of Law, and Congressional/Presidential Elections.*

Prior to our evening's activities, you may choose to explore the surrounding area of *Zona T*, relax at the hotel or have a drink at a nearby bar.

**5:00 PM** Meet & Greet / Orientation. *Possible CLE Program depending on group arrival times.*

**7:30 PM** Welcome Dinner and Live Music at Gaira Cafe.

In this presentation, we learn about the grounds for disinheritance, the law's context within the Colombian Civil Code, and how the law has operated in practice since its enactment.

After our morning presentation, we depart for **Monserate**, Bogota's best viewpoint. We climb over 10,000 feet on the *Funicular* railway, enjoying an impressive view of Colombia's vast capital city.

We descend for a visit to the **Gold Museum** to learn about South America's indigenous, pre-Columbian traditions.

Next we walk Bogota's historical and colonial center, *La Candelaria* and *Plaza Bolívar*, the hub of national and citywide government. Here we see **El Capitolio**, the home of Colombia's Congress, **Edificio Liévano**, and **Catedral la Primaria**, Bogotá's main cathedral, as well as the **Palace of Justice**, the home of Colombia's Supreme Court.

The Palace of Justice building was famously seized by Marxist guerillas in 1985, regarded as one of the lowest points in Colombia's long history of political conflict. A **Special Jurisdiction for Peace** was formed to process cases stemming from the conflict, based on many of the lessons from South Africa's Truth and Reconciliation process.

We see *La Plaza de Chorro de Quevedo*, the former lookout post and site of Bogota's founding in 1538. Walking the cobblestone streets of the colonial center, we see some of Bogota's best **graffiti art** and some may choose to taste the local **Chicha**, a traditional fermented corn beverage. Colombia's street art is known world-wide and both in Bogota and Medellin we will learn more about the thriving urban art scene.

### Afternoon

Group Lunch at **El Son de los Grillos** or **Fulanitos** in the *Calendaria*.

### Day 2

March 18 2024

#### Morning

#### INHERITANCE LAWS IN COLOMBIA

In 2018, the Colombian government promulgated **Law 1893** to punish children who abuse, abandon, or engage in questionable practices toward their parents by nullifying the children's right to their parents' inheritance. (*Hijos maltratadores no podrán heredar: nueva ley de la República, EL ESPECTADOR (May 30, 2018)*). The Law aims to encourage respect and care for parents, the elderly, and disabled people by punishing children who abuse their parents and was enacted in response to official statistics from 2017 showing 70,000 cases of intra-family violence and 20,000 cases of people in a neglected situation abandoned by their relatives.

Time permitting, we visit the **Banco de la Republic** complex and see the famous **Botero art collection**, one of the most important art collections in all of South America. This gallery houses the works of one of Colombia's most famous artists, **Fernando Botero**, along with select masterpieces from **Dali**, **Renoir**, **Chagall** and **Picasso**. After a quick tour of the museum's most prominent collections, we proceed to lunch.

### POVERTY AND THE ELDERLY IN COLOMBIA

This afternoon we met with government officials tackling the problems of poverty facing the elderly in Colombia.

**5:30 pm** Return to hotel, remainder of evening free.

Dinner on your own.

Optional evening entertainment.

## Day 3 March 19, 2024

### 8:00 AM

**OVERVIEW OF PRIVATE CLIENT LAW IN COLOMBIA** with Colombian attorneys / Law Office visit.

We depart for the marvelous **Salt Cathedral** in **Zipaquirá**, an approximate 40 minute drive. This converted salt mine, underground church & pilgrimage site, is considered one of the most notable achievements of Colombian architecture. While a functioning church, it has no bishop and no official status as a Cathedral in Catholicism.

### 1:00 PM

Group lunch at **Andres DC de Chia**.

### Local Sport: Tejo

While *futbol* (soccer) is the most popular sport in Colombia, residents of Bogota are fond of a traditional sport known as **Tejo**. A portrait of pre-Columbian origins, **Tejo** consists of throwing a metal disc at a board covered with clay set at a 45-degree angle. At the center of the board is the triangular target, typically combined with gunpowder to create a loud explosion on impact. This local pastime is customarily played while drinking beer, and some may find similarities with the American lawn games horseshoes or cornhole.

### 5:30 PM

Return to the hotel.

*Dinner on your own.*

## Day 4 March 20, 2024

### Morning

Hotel check-out, transfer to airport

Group departs BOG for Medellin *Approx. 40 minute flight time.*

After collecting our luggage, we board our bus.

Check-in to **Cannúa Lodge** nestled in the heart of the Antioquian mountains.

Vdz Gaviria KM 7+200

Maranilla, Antioquia, Colombia

(+57) 311 609 9237

Light lunch at the Lodge. Fresh menu with multiple options to suit any palate.

### Afternoon

Optional **Coffee & Chocolate Tasting Workshop**.

*\*\*Private Walking Tour or in-room Massage Services available upon request and for an additional fee\*\**

Delicious dinner inside the Lodge at **Cannúa**.

## Day 5 March 21, 2024

Optional **Morning Yoga**.

Breakfast is served at our Lodge.

Morning reserved for R&R and time to enjoy the sprawling property.

On the way into Medellín, we visit the highlands of **Santa Elena** to learn about the **Silletero** tradition and importance of **ornamental flowers** to the people of Colombia.

### 1:00 PM

We enjoy a group lunch on a family-owned **flower farm**, authentic *Antioquian* style cuisine.

After lunch, we drive through the **Arvi National Park** and ecological nature preserve, before descending (**via Cable Car**) to the city of Medellín.

Medellín is known by many Americans as the former headquarters of drug baron **Pablo Escobar**. In recent years Medellín has transformed from one of the most dangerous cities in the world to a hub for digital nomads and an award-winning city for innovation in the New Colombia.

Upon arrival at the city center we visit **Parque Berrío** and **Botero Park**. At Botero Park we see Botero's famous statue garden before viewing the extensive hometown artist's collection in the **Museo de Antioquia**.

**REVOLUTIONARY STUDIES ON ALZHEIMER'S** [As featured on CBS 60 Minutes](#)

Meet with research [Faculty](#) at the **University of Antioquia** who are studying the genetic mutation believed to cause early-onset Alzheimer's. The town of **Yarumal** in Colombia is famous for having the world's largest population of people with Alzheimer's disease. In the surrounding state of Antioquia, approximately 5000 people carry the gene mutation. Now researchers are tracing the ancestry of the mutation, finding that it was probably introduced by Spanish conquistadors early in the 17th century.

Time permitting, we enjoy a coffee break before heading to our hotels in the popular **El Poblado** district.

**Hotel Park 10** (or similar)

Remainder of afternoon free. Optional stroll/bar crawl to **Parque Lleras**.

### Evening

Return to the hotel.

*Dinner on your own.*

**Day 6**

March 22, 2024

Depart for our **Graffiti Art Tour** in **Comuna 13**, one of many hillside neighborhoods in Medellin impacted by the conflict. Guided by a **local street artist**, we will learn how urban art has helped this community heal from many years of harsh violence waged between rebels, drug cartels and paramilitary groups.

After our walking tour, we visit **Casa Kolacho** community center for a **Hip Hop** and **graffiti demonstration**.

Visit the **Museo Casa de la Memoria**, dedicated to the victims of the Colombian conflict.

**1:00 PM**

Lunch and Lecture at the creative social project, **Via Cocina** (Food Train).

Canadian **Brian Johnston** started **Via Cocina** with the vision of introducing healthy and diverse foods to Colombians. Brian's home and project kitchen has offered the Medellin community the chance to learn new cooking styles through weekly workshops and events. Consequently, many of Brian's student-participants are opening their own cafes and restaurants.

### COMMUNITY DEVELOPMENT & INT'L COOPERATION IN COLOMBIA

Over lunch, Brian will detail his community development and non-profit background, share his personal struggles and accomplishments in becoming a legal resident and setting up a social enterprise in Colombia.

After lunch, we return to **El Poblado** for a Coffee Chat with Social Workers.

**4:00 PM**

### SUPPORT FOR THE ELDERLY IN COLOMBIA

Over coffee and refreshments, we enjoy conversation with young **Colombian social workers** who advocate for the elderly.

Return to the hotel.

**7:30 PM**

Group dinner and full course tasting menu at **Carmen**, one of Colombia's most highly rated restaurants.

This modern Colombian cuisine presented in a chic setting will not disappoint.

**Day 7**

March 23, 2024

*Departure day for some. Airport transfers will be arranged for those returning to the USA today.*

**6:00 AM**

Hotel check-out, depart for airport.

**7:00 AM**

Group check in for **LATAM Flight XXXX**

Group departs MDE for Cartagena. *Flight time is approximately 1 hour, 5 minutes.*

**Morning** Possible visit to La Liga or alternative activity w/lunch prior to our hotel check in.

### Afternoon

Cartagena Welcome lunch at **La Mulata**. Flavorful dishes featuring the freshest local ingredients.

After lunch, check-in to our **Hotel fora** brief rest before departing for a Walking **Tour** of Cartagena's colonial center.

During the walk our guide will highlight some key locations featured in the works of the Colombian author **Gabriel García Márquez** or "**Gabo**" as he is affectionately known.

See the **Teatro Heredia** on **Plaza de la Merced** located 3 blocks west of the hotel.

## Day 9

March 25, 2024

We continue to **Plaza Fernández de Madrid**. The author recast this square as *The Park of Evangels in Love in the Time of Cholera*. We also see the **Palacio de la Gobernación** that served as the *Arcade of Scribes* in the same novel.

Continue to the **Plaza de Santo Domingo** where the cathedral's warped tower played a key part in the author's 'magical realism'. In 1948, Gabo arrived in Cartagena penniless and spent his first night sleeping on a bench in the **Plaza de Bolívar**.

**Plaza de la Aduana** that was the setting for the gypsy fair in the opening of *One Hundred Years of Solitude*.

The walking tour ends at the **Camellón de los Mártires** and the **Torre de Reloj** (clock tower) built in 1888 atop what was once the main entrance to the city or *Boca del Puente*.

### 6:00 PM

Time permitting, Sunset Cocktail at **Café del Mar** before returning to the hotel.

### 8:00 PM

Group Dinner at Marea.

## Day 8

March 24, 2024

*Breakfast is served daily in the lobby level.*

### 8:30 AM

For those who choose, we travel via chartered boat (*approx. 45 minutes*) to one of Cartagena's most pristine island locales, **Isabela Beach**. *The boat will return to the mainland at 3:00pm.*

For those who wish to remain ashore, a guide will be available for those who wish to take advantage of the many "shopopportunities" Cartagena has to offer.

*Lunch on your own.*

Depart for our **Barrio Tour** of lesser visited Cartagena neighborhoods.

### SOCIAL MOBILITY AND SUPPORTING CARTAGENA YOUTH

As part of our Barrio Tour, we meet with founders of the **Tú Vales Foundation**.

Return to Cartagena and our hotel.

*Dinner on your own.*

On our last full day, please take as much free time as desired.

Optional Fortress Tour of **Castillo de San Felipe de Barajas**. Built in 1536 atop the Hill of *San Lázaro*, the fortress is well-preserved with beautiful views of the city and coastline.

We see the **Inquisition Palace Cartagena Historical Museum**.

*Lunch on your own.*

### 3:00 PM

Optional afternoon walking tour of the **Getsemani** bohemian arts neighborhood. Once an area of Cartagena avoided by tourists and locals alike, here we see street art, eclectic galleries, and discover why Cartagena is becoming such a cultural hot spot.

### 5:00 PM

Optional **Aguardiente & Colombian Rum tasting** at **Bar Arsenal** with local rum expert, **Abraham Dau**.

Return to the hotel.

### 8:00 PM

Group Farewell Dinner at **Candé**. *Cocina 100% Cartagenera.*

## Day 10

March 26, 2024

Optional morning activities depending on departure time.

*\* Please Note: This is a "Working" Itinerary. There may be changes, additions and/or subtractions to the Final Itinerary. All venues and meetings are subject to final confirmations. Be assured that any changes made will be done to enhance the total program, and to promote a smooth operation of the tour.*

See Registration Page for More Info  
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