



LAW & CULTURE: PORTUGAL

TASTE OF LISBON & NORTHERN PORTUGAL

4, 7 & 8 Night Program Options
April 3-11, 2024

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INCLUDED

Accommodations as selected

Daily ground transportation and walking tours

Select group meals at top restaurants (including tips)*

Wine Tastings and Pairings

Full-time tour leader, local guides and specialists

CLE Lecture series with local experts and professionals (Anticipated 5-7 credit hours)

Admission to all museums / attractions in program

Travel Tips and Guidance

**Select group meals will be curated for quality and diversity including beverages and tips:*

- *Authentic Portuguese and refined International cuisines*
- *Curated Food / Beverage Tastings and culinary experiences*

Dietary restrictions will be accommodated

Food surveys distributed to participants at a later date.

NOT INCLUDED

Airfare to/from Portugal

NOTE the 7 Night program begins in LISBON (LIS) & ends in PORTO (OPO) - **Plan Air Accordingly.** Register for the 8 Night program to include a return transfer to Lisbon.

Airport Transfers

Extra meals/drinks

Incidentals / Individual hotel expenses (e.g., mini bar, room services, laundry fees)

Trip cancellation insurance



YOU'RE INVITED!

The D.C. Bar welcomes you and your guest(s) to join our journey through Portugal's Old World allure and New World splendor. Our immersive program will engage with local attorneys, scholars, and artists offering poignant commentary on the Portuguese and EU legal and political systems, US-Portuguese relations, art, history, architecture, and religion.

You do not want to miss this opportunity to experience the heart of Portugal while earning CLE credit (anticipated 5-7 hrs).

Note: This program will require high-intensity walking on uneven and often hilly cobblestone streets and stairs where an elevator is not always available. Participants must be able to walk unassisted.

CLE CREDITS ANTICIPATED EARLY BIRD DISCOUNT

Please see Registration Page for Pricing Options, Available Packages, and Early Bird Deadlines

More Info : www.cle-abroad.com/trip/DC

REGISTER HERE



B - Breakfast

L - Lunch

D - Dinner

TASTE OF LISBON & NORTHERN PORTUGAL

Itinerary subject to change and final confirmations. Program schedule will be adapted to enrolled participants – special requests are encouraged.

Day 1 Wednesday April 3

Morning

Participants arrive throughout the morning to **Lisbon International Airport (LIS)**.

Afternoon

Check into the hotel along Avenida Liberdade (4 and 5 Star hotel options available at registration).

4:00 PM

Depart for program orientation and walking tour of the Lisbon City Center. Please be sure to wear comfortable walking shoes!

6:30 PM

Group Welcome Dinner with guest speaker(s).

INTRODUCTION TO PORTUGUESE LEGAL AND POLITICAL SYSTEMS

Overview of Portuguese legal and political systems and basic principles of Portuguese **civil and commercial law** and procedure. Historical aspects of Portugal's **Roman-German civil law tradition**, relevant **legal trends**, as well the relationship of Portuguese and **European Union law**, will be discussed.

Remainder of evening free to get adjusted.

Day 2 Thursday April 4

Complimentary breakfast is served at your hotel.

Morning

U.S.-PORTUGAL TRADE RELATIONS. Meeting with representatives of the **American Chamber of Commerce** in Portugal.

We continue to **Belém**, a **UNESCO World Heritage Site** located on the shore of the **Tagus River** at the entrance to the Port of Lisbon. About 4 miles west of the Lisbon city center, many of Portugal's most famous landmarks are located in this area.

Our first visit the **Jerónimos Monastery**, dating back to the early 1500s and secularized by state decree in 1833. Besides one the best examples of Portuguese Late Gothic *Manueline* architecture, the Monastery is the home to the tomb of the infamous explorer, Vasco de Gama.

Time permitting, we see the **Belém Tower**, a small fortress island on the banks of the river and part of Lisbon's Old World defense system.

Also on the Belém riverfront is the massive sculpture **Monument to the Discoveries**, depicting **Henry the Navigator** at the helm of a large galleon commemorating the significance of maritime exploration in Portuguese history.

Afternoon

Group lunch at **5 Oceans** seafood restaurant.

After lunch we visit is the hilltop fortress, **St. George's Castle**, to enjoy stellar views of the city and time to stroll in the beautiful gardens.

Remainder of afternoon free, return to hotel.

Evening

Fado dinner in the historic **Alfama** neighborhood. Fado is a distinctly Portuguese musical genre characterized by emotional, passionate and sometimes mournful tunes and lyrics. We enjoy an endless supply of *Petiscos* (Portuguese Tapas) in an intimate setting accompanied by our very own private Fado demonstration. In 2011, Fado was recognized on the **UNESCO Cultural Heritage List**.

Day 3 Friday April 5

Morning

OFFICIAL VISITS TO PORTUGAL'S CONSTITUTIONAL COURT, SUPREME COURT, CAMPUS OF JUSTICE OR PARLIAMENT

AND/OR

CRIMINAL JUSTICE AND DOMESTIC VIOLENCE IN PORTUGAL

This morning we meet with the **Portuguese Association for Victim Support** (*Associação Portuguesa de Apoio à Vítima* or “**APAV**”) to learn about the Portuguese **criminal justice system** and the mission of this important organization. Topics will include **domestic violence**, **human trafficking**, and the role victims in the Portuguese justice system aided by the work of APAV.

After our visit to APAV, group visit to the nearby **Tile Museum** followed by a Group Lunch.

Afternoon

Return to the hotel. Free time for shopping or R&R.

Dinner on your own.

Day 4 Saturday April 6

Morning

We depart for the majestic resort town of **Sintra**, a longtime royal sanctuary and summer home for Lisbon's elite. Sintra's mountains, forested terrain, proximity to the ocean and unique Moorish and Manueline style palaces define Sintra's breathtaking and one-of-a-kind landscape.

En route to Sintra, we first visit the **Queluz Palace**. Often overlooked given its relatively small size, this 18th-century palace is one of the last great Late Baroque buildings designed in Europe, commonly referred to as the Portuguese Versailles. Wide corridors, impressive interiors and far less tourists make this palace an enjoyable first visit.

We continue to the unmatched **Pena Palace** grounds and gardens. This 19th-century Romanticist castle proudly stands alone as a National Monument and **UNESCO World Heritage Site**.

Pena Palace's eclectic mix of architectural styles include Neo-Gothic, Neo-Manueline, Neo-Islamic and Neo-Renaissance, which all contribute to its whimsical and fairy-tale like appearance. After time to explore the Pena Park, we continue to Sintra's village center.

Afternoon

Lunch on your own in Sintra's Old Town.

After lunch we visit **Cabo de Roca**, Continental Europe's westernmost point. Alternatively, we take the scenic coastal route passing through **Cascais**.

Evening

Return to hotel.

Dinner on your own.

Day 5 Sunday April 7

DEPARTURE DAY OR EXTENSION TO NORTHERN PORTUGAL

Morning

Hotel check-out, board bus for day trip through Central and Northern Portugal.

Our first stop is **Óbidos**, one of Portugal's best preserved medieval towns.

We enjoy free time to stroll the cobblestone streets, shop at the local boutiques, and taste the local **Ginja** – a traditional Portuguese liqueur infusion of sour cherries and spices.

Steady walkers will have time to reach the **Óbidos Castle**. Legend has it that in the year 1148, **Dom Afonso Henriques** and his troops disguised themselves as cherry trees to capture this Castle from the Moors. Henriques became Portugal's founding father and first King.

Afternoon

Lunch in **Óbidos**, **Caldas da Rainha** or **Nazaré** before continuing to **Porto**, Portugal's second largest city.

Evening

Arrive Porto and check into **Hotel Infante Sagres** or **Hotel Intercontinental** or similar.

Evening

Dinner on your own. Suitable recommendations will be provided.

Day 6 Monday April 8

Morning

Depart for our Douro Valley Tour traveling towards **Pinhão**, enjoying one of the world's most scenic drives along the Douro River.

Our first stop in the Douro is **Quinta do Vallado** for a Winery Tour, Tasting and Lunch.

Afternoon

We continue deeper into the Douro Wine Valley and take one of the most scenic drives in the world along the Douro River. We board a traditional **Rabelo style boat** in Pinhão for a private river cruise.

Return to Porto. *Dinner on your own. Suitable recommendations will be provided.*

Day 7 Tuesday April 9

Morning

City tour of Porto. Please remember to wear comfortable shoes!

Located along the **Douro river**, Porto was originally an outpost of the Roman Empire and is today one of the oldest cities in Europe. Not so coincidentally, one of Portugal's famous exports, **port wine**, is named after the city. In 1703, the **Methuen Treaty** established trade between Portugal and England and the production of port wine gradually fell into the hands of British firms. Even today, the vast majority of port cellars carry their original English names.

Afternoon

Group lunch in Porto City Center followed by visit to the IVDP.

READING BETWEEN THE WINES: An overview of wine laws and regulation in Portugal

Presentation at the *Instituto dos Vinhos do Douro and Porto* (IVDP). In this briefing, we will learn some of the technical terms about wine and understand the most important regulations for winemakers and exporters in Portugal.

Producers are governed by the IVDP, with specific requirements concerning geographic denomination, aging terms, and labeling codes for varietal vs. blends. Topics of **intellectual property, consumer protection, export/import**, and local **real estate law** will also be discussed.

Remainder of afternoon free.

Some may decide to cross the river to the city of **Vila Nova de Gaia** (or simply 'Gaia' for short), to visit the area known for its historic port lodges.

Evening

Private Tour and Porto **Farewell Dinner** at Taylor's or Graham's Port Lodge.

Day 8 Wednesday April 10

DEPARTURE DAY FOR SOME FROM PORTO [OPO] OR RETURN TO LISBON.

For those continuing, we depart for **Coimbra**, one of Portugal's oldest cities and its former capital during the Middle Ages.

Arrive in Coimbra.

Morning

We tour the historic University campus and see its famous **Library** reminiscent of *Hogwarts* from the Harry Potter series. We also see the **Faculty of Law**. In existence for over 180 years, the Law School is one of Portugal's most prestigious.

We enjoy lunch at a local restaurant after visiting the **University of Coimbra**.

Time permitting after lunch we continue for a quick stop in **Fátima, Caldas da Rainha** or **Nazaré**. Once a sleepy town dedicated to the production of Olive Oil, today Fátima derives the bulk of its wealth and popularity due to religious pilgrimage. Nazaré on the other hand is a fishing village located on Portugal's 'Silver Coast' known for having some of the largest waves suitable only for the most experienced surfers.

Depart for Lisbon & Check in to our Hotel in Lisbon.

Evening

Group Farewell Dinner

Day 9 Thursday April 11

DEPARTURE DAY FROM LISBON [LIS]

Morning activities are optional depending on departure time from Lisbon Airport (LIS).

Note: Dietary restrictions will be accommodated. Food and Activity surveys distributed to participants at a later date.

DCBAR

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3.70 €

OPTIONAL PRE/POST TRIP EXCURSIONS
AVAILABLE UPON REQUEST

THE AZORES, ALGARVE, ALENTEJO

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